

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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INVER GLEN SENIOR LIVING
7260 South Robert St. Inver Grove Heights, MN
MARCH 2019
Activity Calendar



1 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 9:35 a.m. **"ALDI" OUTING**
 -Main Lobby Area
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **HAPPY HOUR!!**
Beverages, Popcorn & music
 -1st Floor Community Room

2 1:30 p.m. **CARDS**
 -Card Room 3rd Floor
 2:00 p.m. **COFFEE TIME**

 -4 Seasons Café

3
 7:30-9:30 a.m. **CONTINENTAL BREAKFAST**
 Sun.-Sat.

 2:00 p.m. **COFFEE SOCIAL**
 4 Seasons Café

4 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 10:00 a.m. **"EVERY SIP COUNTS"**
 with Patrick from Interim Health
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 2:00 p.m. **"500" CLUB**-Card Rm.
 3:30 p.m. **BLACKJACK**
 -1st Floor Community Room

5 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 10:00 a.m. **CATHOLIC MASS**
 -1st Floor Community Room
 1:45 p.m. **ARM CHAIR TRAVEL**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**-Café
 3:00 p.m. **YAHTZEE**
 -1st Floor Community Room

6
 10:00 a.m. **ASH WED. SERVICE**
 -1st Floor Community Room
 2:45 p.m. **RHYTHM BAND**
With the Preschool Kids
 -1st Floor Community Room
 3:45 p.m. **CHOIR PRACTICE**
 -1st Floor Community Room
 6:00 p.m. **MOVIE NIGHT: -C.R.**
"Clue" PG

7 8:45 a.m. **STAY FIT**
 -1st Floor Community Room
 10:00 a.m. **AMAZING GRACE LUTHERAN WORSHIP SERVICE**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **BIG PRIZE BINGO!**

 -1st Floor Community Room

8 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 9:45 a.m. **"TARGET" OUTING**
 -Main Lobby Area
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **LIVE MUSIC!!**
Featuring: "Kent Appledorn"
 -1st Floor Community Room

9 10:00 a.m. **DEMENTIA SUPPORT GROUP**
 -1st Floor Community Room
 2:00 p.m. **COFFEE TIME**

 -4 Seasons Café

10
 7:30-9:30 a.m. **CONTINENTAL BREAKFAST**
 Sun.-Sat.

 2:00 p.m. **COFFEE SOCIAL**
 4 Seasons Café

11 8:45 a.m. **EXERCISE**-C.R.
 10:00 a.m. **CATHOLIC COMMUNION SERVICE**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 2:00 p.m. **"500" CLUB**
 -Card Room 3rd Floor
 3:30 p.m. **BLACKJACK**
 -1st Floor Community Room

12 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 1:45 p.m. **ARM CHAIR TRAVEL**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**-Café
 3:00 p.m. **YAHTZEE**
 -1st Floor Community
NO BIBLE STUDY TONIGHT

13 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 10:00 a.m. **NAIL POLISHING**
 -1st Floor Community Room
 2:45 p.m. **FUN WITH THE PRESCHOOL KIDS**-C. Room
 3:00 p.m. **CHOIR PRACTICE**-C.R.
 6:00 p.m. **MOVIE NIGHT: -C.R.**
"That's Entertainment" PG

14 8:45 a.m. **STAY FIT**-C.Rm.
 10:00 a.m. **FIRST CALVARY BAPTIST WORSHIP SERVICE**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **BIG PRIZE BINGO!**

 -1st Floor Community Room

15 **NO EXERCISE TODAY**
 9:30 a.m. **TENANT COUNCIL**
 -1st Floor Community Room
 10:45 a.m. **LUNCH BUNCH**
"DeGidios"
 -Main Lobby at 10:35 a.m.
 3:00 p.m. **ST. PADDY'S HAPPY HOUR!!!**
Beverages, Popcorn & music
 -1st Floor Community Room

16 1:30 p.m. **CARDS**
 -Card Room 3rd Floor
 2:00 p.m. **COFFEE TIME**

 -4 Seasons Café

17
 7:30-9:30 a.m. **CONTINENTAL BREAKFAST**
 Sun.-Sat.

 2:00 p.m. **COFFEE SOCIAL**
 4 Seasons Café

18 8:45 a.m. **EXERCISE**-C.R.
 10:00 a.m. **CATHOLIC COMMUNION SERVICE**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 2:00 p.m. **"500" CLUB**
 -Card Room 3rd Floor
 3:30 p.m. **BLACKJACK**
 -1st Floor Community Room

19 8:45 a.m. **EXERCISE**-C.R.
 9:15 a.m. **T.I CASINO TRIP**
 -Meet in the Main Lobby Area
 1:45 p.m. **ARM CHAIR TRAVEL**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**-Café
 3:00 p.m. **YAHTZEE**
 -1st Floor Community Room
NO BIBLE STUDY TONIGHT

20 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 10:00 a.m. **BOOK CLUB**
 -Library 2nd Floor
 2:45 p.m. **SING-A-LONG**
With the Preschool Kids
 3:45 p.m. **BOWLING**
 -1st Floor Community Room
 6:00 p.m. **MOVIE NIGHT: -C.R.**
"Must Love Dogs"

21 8:45 a.m. **STAY FIT**
 -1st Floor Community Room
 10:00 a.m. **REMEMBRANCE SERVICE**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **BIG PRIZE BINGO!**

 -1st Floor Community Room

22 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 9:35 a.m. **"WALMART"**
 -Main Lobby Area
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **HAPPY HOUR!!**
Beverages, Popcorn & Music
 -1st Floor Community Room

23 1:30 p.m. **CARDS**
 -Card Room 3rd Floor
 2:00 p.m. **COFFEE TIME**

 -4 Seasons Café

24/31
 7:30-9:30 a.m. **CONTINENTAL BREAKFAST**
 Sun.-Sat.

 2:00 p.m. **COFFEE SOCIAL**
 4 Seasons Café

25 8:45 a.m. **EXERCISE**-C.R.
 10:00 a.m. **CATHOLIC COMMUNION SERVICE**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 2:00 p.m. **"500" CLUB**
 -Card Room 3rd Floor
 3:30 p.m. **BLACKJACK**
 -1st Floor Community Room

26 **7:30-9 a.m. MADE TO ORDER BREAKFAST**
 -1st Floor Community Room
10:30 a.m. GLADYS'S MUSIC
 -1st Floor Community Room
 1:45 p.m. **ARM CHAIR TRAVEL**
 -1st Floor Community Room
 3:00 p.m. **YAHTZEE**
 -1st Floor Community Room
NO BIBLE STUDY TONIGHT

27 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 10:00 a.m. **NAIL POLISHING**
 -1st Floor Community Room
 2:45 p.m. **ALL SEASONS PLAYERS**
Drama Group
 3:45 p.m. **CHOIR PRACTICE**
 -1st Floor Community Room
 6:00 p.m. **MOVIE NIGHT: -C.R.**
"War Horse"

28 8:45 a.m. **STAY FIT**
 -1st Floor Community Room
 10:00 a.m. **FIRST CALVARY BAPTIST WORSHIP SERVICE**
 -1st Floor Community Room
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **BIG PRIZE BINGO!**

 -1st Floor Community Room

29 8:45 a.m. **EXERCISE**
 -1st Floor Community Room
 9:35 a.m. **"DOLLAR STORE"**
 -Main Lobby Area
 2:00 p.m. **COFFEE SOCIAL**
 -4 Seasons Café
 3:00 p.m. **INVER GLEN VFW**
With Meat Raffle
 -1st Floor Community Room

30 1:30 p.m. **CARDS**
 -Card Room 3rd Floor
 2:00 p.m. **COFFEE TIME**

 -4 Seasons Café